THERAPEUTIC MENTORING



SERVICE POPULATION

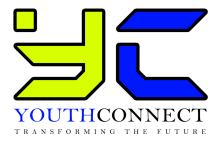
Appropriate for youth that are in need of one-on-one, strength-based support services provided by a therapeutic mentor and supervised by an LMHP (up to the age of 21).

SPECIFIC FOCUS POINTS

Therapeutic Mentoring services include training and assistance in a number of areas:

- Skill acquisition
- Daily living strategies
- Strengths and interests
- Coping and self-management
- Interpersonal communication
- Anger/behavior management
- Community-based goals
- Problem-solving

For additional information about this program or any other programs that we offer, or to make a referral, please visit us at www.youthconnectva.com



PROGRAM DESCRIPTION

Therapeutic Mentoring is designed for youth whose conditions and abilities to manage stressors and feelings enable them to utilize supports and learn new skills for improved functioning in the community.

It is designed to support age-appropriate social functioning or to ameliorate deficits in relation to the youth's overall level of functioning. It can be used in any setting where the youth resides, such as the home environment, and in other community settings, including culturally and linguistically appropriate community settings.

Prior to initiation of therapeutic mentoring services, a Supervision Plan is accomplished in concert with the family and the youth when possible. This plan is essential in helping ensure the youth's success in navigating diverse social situations, learning new skills and making functional progress -- all while the therapeutic mentor offers supervision and support.

The therapeutic mentor delivers a number of services including teaching alternative strategies while providing anticipatory guidance, enhancing conflict resolution skills, facilitating skill building and practice in the community, developing youth's critical thinking skills, and providing telephone support to the youth and family as needed.

The reciprocal nature of the mentoring relationship affords opportunities for both the therapeutic mentor and the youth to develop healthy interpersonal skills. Youth tend to exhibit a higher likelihood of confiding in their mentor on matters of difficulty than with their family or even their peers.

Our Therapeutic Mentoring Program utilizes service providers that have a minimum of a bachelor's degree and experience working with at-risk youth and/or over a decade of hands-on experience working in the public sector (e.g., education, law enforcement, youth services, etc.). Successful program completion and lasting results is extremely dependent on the utilization of trained individuals that posses the inherent desire to help others and the willingness to remain committed to their essential role in the learning process.