

Psychosexual Assessments & Counseling

Service Population

Children and adolescents ages 8-17. This assessment is beneficial for children and adolescents who are:

- exhibiting concerning or problematic sexual behaviors
- having difficulty or understanding sexual boundaries
- involved in legal or child welfare cases where sexual behavior is a concern

Possible Recommendations

- Psychosexual Counseling
- Individual Counseling
- Family Counseling
- Psychoeducation for the child/adolescent/family
- Safety planning and risk management strategies
- Referrals for specialized services and supports (i.e. psychiatric evaluation, prevention services, community-based services and supports, etc)

For additional information about this program or to make a referral, please contact our team and we would be happy to assist you.



Program Description

A psychosexual assessment is a thorough and sensitive evaluation conducted by a Certified Sex Offender Treatment Provider (CSOTP) or Sex Offender Treatment Provider-Trainee (SOTP-T). It aims to understand the child or adolescent's:

- sexual knowledge and understanding (appropriate for their age and developmental stage)
- sexual behaviors (including concerns about problematic, risky, or developmentally atypical behaviors)
- impact of any sexual experiences (addressing potential trauma, exploitation, or abuse)
- social and emotional development (how these factors may influence their understanding and expression of sexuality)
- underlying factors (exploring potential contributors such as mental health concerns, developmental delays, or environmental influences).

We prioritized a person-centered, trauma-informed, and highly confidential approach. Our assessments involve sensitive interviews, review of relevant records, standardized assessments and clinical observations, and a comprehensive report. The process takes on average, two to three months to complete.

Psychosexual Counseling is focused on helping children and adolescents address problematic sexual behaviors, learn appropriate sexual boundaries, and develop healthy coping mechanisms to manage distress that contributes to problematic behaviors. Psychosexual counseling typically takes six to twelve months to complete.

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