

Therapeutic Day Treatment (TDT)

Service Population

For children and adolescents from birth through 17 years of age and under certain circumstances up to 21 years of age. Must meet certain eligibility criteria for enrollment approval.

Focus Points

Service components for Therapeutic Day Treatment include:

- Diagnostic Evaluation
- Medication Education
- Individualized Pro-Social Skills
- On-Site Crisis Response During School Hours
- Behavioral Management Support During the School Day
- Individual, Group, and/or Family Counseling
- Coping Skill Education and In Class Reinforcement for Utilization of Skills
- Collaboration with Other Services Providers

For additional information about this program or to make a referral, please contact our team and we would be happy to assist you.



Program Description

School-based Therapeutic Day Treatment (TDT) services is a treatment program that serves children and adolescents enrolled in the school setting. Program must operate a minimum of two or more hours per day, but is geared to provided support to your child all day, everyday, in the school setting. In short, the service is to focus on the individual's strengths and abilities while reducing certain risk factors. This approach is instrumental in helping them become more successful in both the school and in their community.

Individuals being considering for TDT services must meet certain eligibility criteria for program enrollment. Areas of consideration may include:

- Disruptive behaviors
- Depression, anxiety and traumatic stress
- Disruptions: Daily routine, sleep, eating, social contacts, extracurricular activities, community relationships, attention and focus
- Family stressors connected to youth impacts: Changes in parental employment, loss or change in housing, financial distress, food insecurity
- School functioning: Transitions, IEP needs, access to resources, youth engagement and supervision with virtual schooling, academic progress, behavioral challenges during virtual or hybrid learning or transition back to in person learning

To see if your child would qualify for enrollment, please contact a school social worker, counselor, or case manager.

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